

TRAVEL VISION GROUP



STAR CLIPPERS
Unique Sailing Adventures

Royal Clipper • 7-Night • January 13-20, 2018 • Caribbean



**ALL-INCLUSIVE
WINE PACKAGE**



Enjoy a voyage to the Windward Islands with Yoga Instructor Rita Gilbert

Rita is a certified Yoga instructor and completed her training at the Integral Academy in Virginia. She currently teaches beginners, intermediate and seniors. Rita holds private sessions specifically for prenatal yoga, special education classes that include children with Autism , Down Syndrome and more. Her teaching and practice focuses on a mindful approach adding breath work and meditation allowing participants to experience stillness therefore becoming aware of body, mind and spirit. Rita is also a certified Massage Therapist and has a broad knowledge of the body in addition to having studied a variety of holistic modalities.

Join Rita on a spectacular Caribbean journey full of relaxation and inner transformation. Book Now!

Fares starting from \$1,420 per person

Contact Jean Foisie TravelVision
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